

# Speak Up for Children — FPCT

## **If you are worried about a child: REPORT IT**

- Tell a trusted leader or FPCT safeguarding focal person.
- Call the National Child Helpline (free): 116
- If a child is in immediate danger, contact police or social welfare.

## **Remember**

- Children have the right to be safe, heard, and respected.
- It is never a child's fault if they are harmed.
- We all share responsibility to protect children.